



MEDICAL AESTHETICS

— BY DONNA —

FACE AND BODY REJUVENATION

Kybella Post Care Instructions

- Immediately following the procedure and over the next 24 hours, the treated area will become red and swollen. This is normal and critical to the success of the treatment.
- If you are uncomfortable, ice packs may be used to the treated area during the first 12 hours. Ice for no longer than 10 minutes each hour. Do not use ibuprofen or anti-inflammatory medications.
- Do not massage the injection site.
- Avoid heavy exercise the day of your treatment.
- Over the next week, the redness, hardness, and swelling will resolve.
- If you experience any significant changes at the injection site such as ulceration or oozing, or increased swelling, bleeding, pain, dusky discoloration, difficulty swallowing or smiling, or fever, please text or call.
- You will start to see results after several weeks.
- It is not unusual to need several treatments 4-6 weeks apart for optimum results.
- Call or text anytime with signs of infection or any questions or concerns.

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