



# MEDICAL AESTHETICS

— BY DONNA —

## FACE AND BODY REJUVENATION

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### **PRP/PRF Preprocedure Instructions**

It is through the use of a safe, natural, holistic technique for resurfacing of the skin without an aggressive machine to produce optimal results. There may be some bleeding during the treatment for which is temporary. There may be some mild discomfort during the procedure. Topical coolness or anesthetic cream may be used if needed for tolerance.

### **Pre-Treatment Instructions**

- Avoidance of Accutane for the past 6 months
- Avoid retinoids, beta hydroxyl acids (BHA) topical antibiotics, exfoliants, hydroquinone, sunburn, and benzoyl peroxide 3 days prior to procedure.
- Avoidance of IPL/Laser procedures for 7 days prior.
- No waxing, depilatory creams or electrolysis 5-7 days prior.
- No shaving the day of the procedure.
- Skin should be clean without lotion, oil, makeup, deodorant, powder, perfume or sunscreen.
- Antiviral agent for 2 days prior to and day of treatment if history of cold sores.
- Do not have treatment if you are pregnant or have active cold sores, herpes simplex, open skin lesions, active acne, sunburn, excessive dry or sensitive skin, dermatitis or inflammatory rosacea within the treatment area.

### **Day of Treatment Instructions before procedure**

- Omit lotions, creams, make up or deodorant in area to be treated
- Arrive with clean , washed skin, no makeup.
- Inform me of any changes in medical history and medications you are taking
- Call or text me with any questions, 508-259-6634.

