



MEDICAL AESTHETICS

BY DONNA

FACE AND BODY REJUVENATION

PeriLuxe™ Post Care Instructions

- A cold compress may be applied immediately after treatment to reduce swelling depending on the product used. Please ask first. If approved, you may ice area for 1 to 2 days if needed. Do not apply ice more than 10 minutes at a time.
- Wait 4 hours after treatment before washing your face or applying makeup.
- Do not rub or massage the treatment area unless instructed to do so. You may feel lumps that will resolve or soften over the next several weeks.
- Avoid exposure of the treated area to intense heat (sunbathing, hot bath or tub, heavy exercise) for 24 hours.
- If you have previously suffered from cold sores, there is a risk that the needle punctures could contribute to another occurrence. You may need to take a medication to minimize a recurrence.
- Avoid taking aspirin, non-steroidal anti-inflammatory medications, St. John's Wort, and high doses of Vitamin E supplements for one day after treatment.
- Avoid facials and other skin care treatments, massage, or dental work for 2 weeks.
- Please contact us if you have any signs of infection, a red lump that is becoming larger or more painful, unusual pallor to your skin, visual changes, or any other symptom that you are unsure whether it is normal.

923 Route 6A, Suite N, Yarmouthport, MA 02675

www.medaestheticsbydonna.com

508-259-6634