

Dermaplane Pre-Procedure Instructions

Concerns Prior to Dermaplaning:

- **Botox or Fillers** - Wait 1 week after injection. It is ok to dermaplane prior to receiving injections. Dermaplaning after injection can move the product causing an undesirable result.
- **Retin-A** - Stop using 5-days pre and post-treatment.
- **Chemical peel** - Dermaplaning may be done prior to a peel. Post-peel wait 14+ days depending upon strength and depth of the peel and condition of skin. This will vary by patient and treatment.
- **Laser treatment** - Post-laser wait 14(+) days depending upon treatment and condition of skin. This will vary depending on skin and treatment.
- **IPL** - Post-IPL wait 10+ days depending upon treatment and condition of skin.
- If you are prone to **PIH (Post Inflammatory Hyperpigmentation)** - Pre- and post-treat for at least 2 weeks prior to and following dermaplaning with appropriate home care which includes melanin suppressants.
- **Diabetes** - Must be under control by diet or medication
- **Cancer** - Not while undergoing treatment. Following conclusion of treatments, Provider approval required.
- **Accutane or Isotretinoin** - Ok, after 12 months of non-use and with Provider's approval
- **Blood thinners** or history of bleeding problems/delayed coagulation following injury – Do not have Dermaplane Treatment
- Higher dosages or frequency of use of **Aspirin** - Do not have Dermaplane Treatment
- **Acne** - Grade 3 or above - Do not have Dermaplane Treatment
- **Pustular acne lesion** that is red and irritated – You can have dermaplane. The area(s) of concern will be avoided.
- **Cystic acne lesion** - You can have dermaplane. The area of concern(s) will be avoided.
- **Active Cold Sores** - Do not have Dermaplane Treatment. Reschedule
- **Moles & Skin Tags** - You can have dermaplane. The area of concern(s) will be avoided.
- **Sunburn or windburned skin** - Do not have Dermaplane Treatment. Gently cleanse and apply calming mask. Reschedule for dermaplaning
- If you are experiencing **high anxiety** - Do not have Dermaplane Treatment. Use facial with a scrub until anxiety is reduced.